

“Descubre, conoce y vive el mundo desde otra perspectiva”
Discover, know and live the world from another perspective



The motto of Universidad Internacional (UNINTER) in Cuernavaca, Mexico describes the experiences of the travelers who participated in the January 2014 *Travel, Study, Learn Program*. . . . *“discover, know and live the world from another perspective”*. Designed to provide nurses and other health care workers information about the Mexican culture, health beliefs and practices and study of the Spanish, this program is designed to assist travelers to begin or refine their intercultural communication skills.

Begun in 1995, following student reports about their experiences at UNINTER, this continuing education program (36 c.e.us) has attracted over 200 nurses from over 20 states throughout the U.S. Travelers live with families which are selected by the school’s administration and prepared to receive students in their homes – thus an opportunity to experience Mexican culture twenty-four hours a day! Travelers are enrolled in six hours of class daily, take field trips to local health care facilities and hear speakers who provide information about traditional medicine, religion, the role of the woman in Mexico and other cultural beliefs which affect decisions about health care.



A welcome reception begins the week – pictured above are the 2014 travelers with Estela Lozano, a nurse from Cuernavaca, who spent two weeks as an ‘exchange visitor’ at Parkland Hospital to learn more about U.S. health practices. A happy reunion for her and me, it also provided a conversation between the travelers and a Mexican nurse who had experienced another culture!